

# 5 Keys To Destiny Acceleration

Audio Action Guide



Dr. Elona Sanders





## 5 Keys To Destiny Acceleration

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# MINDSET

**As a man thinketh so is he. (Prov. 23:7) I want to ask you a few questions:**

1. What's on your mind?

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2. Who or what is getting most of your attention?

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3. Are you getting the results that you really desire to see?

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4. Are you praying for one thing but believing another?

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5. Are you up one day and down the next? Are you fluctuating week after week?

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6. Are you really on track moving in PURPOSE?

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### **ACTION STEP —SLOW DOWN, CALM DOWN AND TAKE TIME:**

Incorporate the daily practice of slowing down, calming down and start listening to yourself think to discover what's on your mind all day. You should observe the following about your thoughts:

- Are they mostly negative or positive?

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- How are you feeling most of the day? Are you happy or sad?

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- Are you in fear most of the time?

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- Are you Nervous, Anxious, Agitated? Irritated?

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- Are you hopeless, depressed, full of doubt, or in despair?

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## Resources

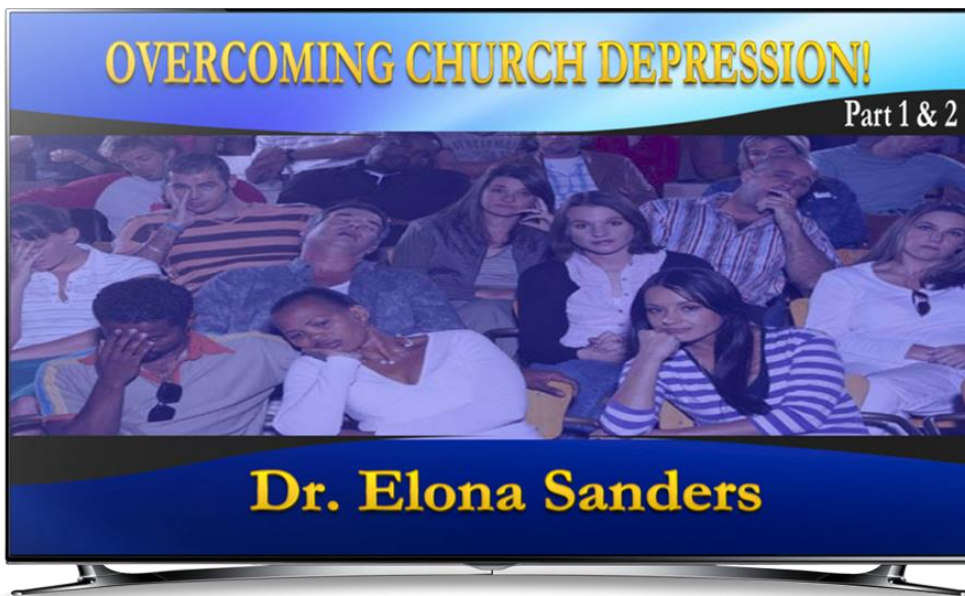
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[Http://elonasanders.com/sym](http://elonasanders.com/sym)



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Every Sunday at 10 am (ET)

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