5 Keys To Destiny Acceleration

Audio Action Guide



Dr. Elona Sanders



GETTING REALLY CLEAR AND INTENTIONAL ABOUT YOUR DESTINY:

| Make sure you are in your quiet space after prayer or meditation. want you to gently think about what you want to do with your life and what would make you really happy. Remember, not how you are going to do it-that comes later. Write The Vision! |
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5 Keys To Destiny Acceleration



As a man thinketh so is he. (Prov. 23:7) I want to ask you a few questions:

| 1. | What's on your mind? |
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| 2. | Who or what is getting most of your attention? |
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| 3. | Are you getting the results that you really desire to see? |
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| 4. | Are you praying for one thing but believing another? | | | | | |
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| 5. | Are you up one day and down the next? Are you fluctuating week after week? | | | | | |
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| 6. | Are you really on track moving in PURPOSE? | | | | | |
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ACTION STEP —SLOW DOWN, CALM DOWN AND TAKE TIME:

Incorporate the daily practice of slowing down, calming down and start listening to yourself think to discover what's on your mind all day. You should observe the following about your thoughts:

| • | Are they mostly negative or positive? |
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| • | How are you feeling most of the day? Are you happy or sad? |
| • | Are you in fear most of the time? |
| • | Are you Nervous, Anxious, Agitated? Irritated? |
| • | Are you hopeless, depressed, full of doubt, or in despair? |



| You must do some things differently to get different results. Start a 90 day run today to start the change process. 21-30 days can create a | | | | | |
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| new habit 60 days a new mindset 90 days a new life style. Set You Intention here. | | | | | |
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You will either stress your life with busy work, or hide and play small taking a vow of invisibility. Make a choice to only take inspired, authentic action.

Inspired Action:

- ➤ Comes from your rich inner life of the kingdom of God within. It is revelation from an authentic realm that is working for your good.
- Inspired action is easy and effortless.
- > You cannot receive it until you are intentional and focused...

| List Your Next Inspired Action Step Here. | | | | | |
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Gratitude is the first thing you should engage in upon waking up in the morning and last thing before you go to bed at night.

Remember Gratitude Can:

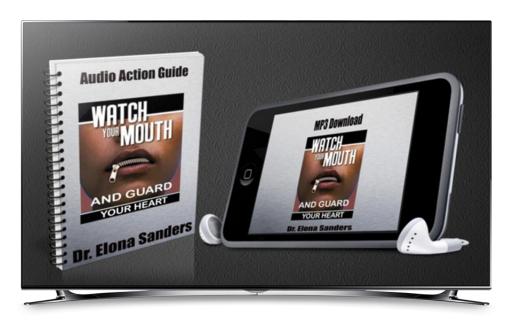
- Shift an atmosphere instantaneously
- Break the spirit of depression
- Cause a divine alignment to take place
- Has almost a magical quality about it
- Accelerate your manifested desires
- Starts the cycle of momentum for more things to be grateful for.

| Today I am Grateful For | | | | |
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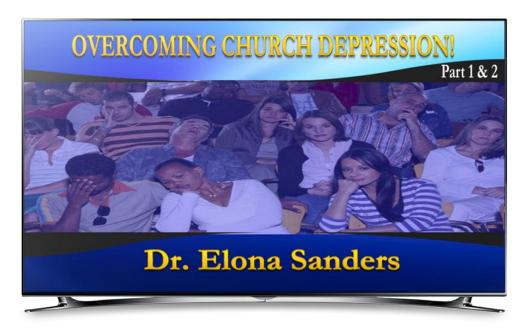
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Every Sunday at 10 am (ET)

