



Transformation Training Action Guide

Dr. Elona Sanders

Welcome To All My Fellow Dreamers, Visionary Leaders, Ministers, Coaches, and Entrepreneurs.

If you are looking to come into divine alignment with your true purpose and have more impact in your field, you are in the right place at the right time. And yes, you probably already know that understanding who you are and what you are here to accomplish is vital to your success.

Like you, I was doing my very best to fulfill my purpose. However, I was trapped, living my life in a never-ending cycle of confusion. Mostly I lived my life based on other people's expectations. I allowed myself to adapt to principles and ideologies that were based in legalism and fear. This caused me to live a life of **Self-Denial and Self-Abandonment**.

After many years of confusion and misalignment of purpose, I finally cracked the purpose code! I am here today to share with you what I discovered. (Purpose is easy!)

One of the greatest tragedies you can ever experience is to go through your entire life and not acknowledge your authentic **SELF**. You must allow your true glory to be seen in this world.

This is your defining moment! You are here today because you know that you don't have any more time to waste following the pack. It's time to come into the full expression of who you are and live the life you are meant to live!

To Your Spiritual Success,

Elona Sanders
Spiritual Success Mentor





Here's What Awakening Divine Purpose Can Do For You:

- **Clear Up Confusion And Allow Your Vision To Come Into Focus!**

Knowing your Purpose will instantly clear up confusion and allow divine vision to come into focus. True Purpose is a **guiding force**. Like a needle on a compass, it will set your course to move you forward in life. You can finally "**STOP THE MADNESS**" of going around the same cycle over and over again. Clarity of purpose will ignite your vision and accelerate your goals!

- **Help You Find Your Authentic Voice And Communicate Your Message!**

Discovering your purpose will help you to acknowledge and embrace your gifts, talents, and unique abilities. Knowing your purpose will help you find your voice and elevate your visibility so that your true message can be heard and received. Your tribe is waiting for you. You are the answer to someone's prayers!

- **Activate Divine Favor!**

Knowing and Communicating your purpose will elevate and accelerate you in ways logic, education, training, hob-knobbing, brown-nosing, or sucking up, etc., cannot compete! When divine purpose is activated, you will begin to feel like you are on the **right path and all things are working together for good**. Your accomplishments will become easy and effortless. In other words, you will experience more sweatless victories!

- **Help You Make The Shift From Doing To BEING!**

Awakening your divine purpose will help you to **BE** who you truly are. You will live according to divine vision and guidance from within rather than from vision without.





The Reasons Behind Confusion Of Purpose

One of the reasons there is so much confusion around purpose is because many people believe they were created to travel only one path. They are afraid of **missing the mark or making a mistake**.

Another reason why there is so much confusion around your purpose is that there is residue from faulty messages lingering in your consciousness.

Yet another reason for the confusion around purpose is that you think of purpose in terms of tasks or projects only. In doing so, you will fall prey to comparing what you are doing with what you see others accomplishing.

When you look around at others and judge yourself harshly, you may despise what you are doing as small and insignificant. Remember, everything big was once small!

“

He Who Compares Himself
Among Himself
Is Not Wise!

The Bible





Purpose Pitfalls

Here are a few of the major pitfalls that can keep you stuck and confused about your purpose. Check the ones that resonate with you.

- You have a fear of people
- You have a fear of rejection
- You have a fear of abandonment
- You Want to play it safe
- You don't believe in yourself
- You don't honor your gifts, talents, and abilities
- You're easily overwhelmed
- You get stuck in comparison





Purpose Pitfalls (Cont'd)

You get stuck in perfectionism

- You are stuck in the past
- You judge yourself according to the voice of others
- You seek approval and affirmation from outside yourself

In a nutshell...There is so much confusion around your purpose because you have not yet learned to trust yourself. All that stops now!

“

Activate Purpose...

Sometimes you have to start over from scratch! There is no shame in hitting the reset button and asking for clarity, strategy, and the wisdom to implement with discipline and consistency!!!

~Elona Sanders~





Understanding Purpose

Purpose: The reason why something is done, created, or exists.

A few Things You Should Know About Divine Purpose

- Real Purpose is "BEING" who you truly are
- Purpose is a guide, a force, like a needle on a compass it set your course to move you forward in life.
- Purpose highlights your uniqueness
- Purpose is magnetic--It pulls the best of life to you in the form of circumstances, people, and events
- You were born with purpose
- Purpose is a voice
- Purpose is the **Royal Guard** that keeps you in line and helps you be where you are supposed to be in life
- Purpose is a protector
- Purpose is service





Understanding Purpose (Cont'd)

- Purpose doesn't expire
- Purpose is about willingness--Your YES!
- Purpose is a reflection of God's intention for good towards you
- Purpose is easy
- Purpose helps you feel like your best SELF
- Purpose is what you are here to say and share
- Purpose is about giving and reflecting God's nature

In this season, be willing to release who you were to make room for who you truly are.

Today, I want you to take a deep breath and tap into knowing that you are unique and here are for purpose!





Awaken Your Divine Purpose Now!

Allow quiet, uninterrupted time to tap into your "**Rich Inner Life**" and answer the following questions in a Journal. Be honest... Listen To your heart. Your Purpose is **always speaking**, calling out to you!

- What do you have now? Make a comprehensive list of all your gifts, talents, and abilities. Don't leave anything out.
- What is it that I see in others that I am most sensitive to?
- What Challenges or problems do you see that makes you sad, or troubles your spirit?
- What Challenges or problems do you feel passionate about solving or helping other with?
- What comes naturally to you? What's very easy for you to do?
- If you held up a picket sign that said **ONE THING** about what you are here to do what would it say?
- What is your dream? What brings you great joy?
- If money was not an option and you knew you could not fail what you would do? Where would you go? Who would you help?

Learn to trust what you are feeling, sensing, and hearing. Your purpose wants to be awakened and activated today!





Write Your Purpose Statement Here...

Do not worry about "**the how**". When you worry about how you actually create blind spots that keeps your purpose hidden and obscure.

Purpose Statement Template

(Just Fill In The Blanks)

My purpose is to _____
(Work With/Help, etc.)

Others who struggle with _____
(Issue, Challenge, Pain, etc.)

To _____
(Add Transformation.)

By using my Gift, talent, or ability of _____

Practice writing your purpose statement several times. Remember, nothing is written in stone. You can always re-visit your purpose statement and make adjustments as you evolve and embrace your **SASS™! (Strongest Authentic Spiritual Self)**

What can you do right now with what you have? **From where you are today get started moving IN PURPOSE.** Again, **Everything big was once small!**



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