Audio Action Guide



Dr. Elona Sanders Http://ElonaSanders.com

The Joy Of True Freedom



Grace To You And Welcome!

This is the day the Lord has made... Let us make a conscious choice to rejoice and be glad in it.

I want to take this opportunity to congratulate you for making an investment in your life through this resource. Get ready to see miracles manifest as you purposefully and intentionally tap into THE JOY OF TRUE FREEDOM!

In this Audio Action Guide, I have highlighted key points along with "Spiritual Success Principles" that you will want to implement. You will gain new insight and discover what it means to live without doubt, fear, and confusion.

Use this Audio Action Guide along with the audio Message: "The Joy of Ture Freedom." This will enable you to take the necessary steps to activate your creative mind and jumpstart your ability to manifest miracles!

Remember, information without implementation will not yield a fruitful harvest.

To Your Creative Success,

Dr. Elona Sanders

The Joy Of True Freedom

The Joy of True Freedom Interactive Blog Post

I am sure you can think of many reasons why you are not enjoying true freedom. The fact of the matter is, we all have allowed many things to rob us of our right to have freedom. In order to really live a life of true freedom, you must first have a healthy definition of what freedom means to you.

True Freedom is not measured by your social status, bank account balance, or popularity. True Freedom is not just an ability to come and go as you please.

I am sure you have heard that there are people locked up in prison that are living and enjoying true freedom. They have found the place of peace and rest knowing that everything is okay.

In this age, so many good people are guilty of having a form of godliness but there is no evidence of what they say they believe. You must be determined in this season to releasing a pseudo-religious lifestyle.

You are professing that you a believer, but there is no evidence of the power of God you say you are connected to.

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True Freedom has to be born out of something that cannot be measured by physical or tangible means only. True freedom has less to do with what you possess and everything to do with how *you perceive yourself and the world around you.*

Wealthy people or more properly, "Rich People" can:

- Be Depressed
- Be Drug Addicted
- Be In Life-threatening Relationships
- Be Void of Family Ties
- Be Out of Control
- Be Ready To Drive A Roll Royce Off A cliff

Things alone does not equate to joy, freedom, or bliss! Perception is more powerful than reality!

You are a product of how you see yourself and your status in this physical realm of appearance. For instance:

- How Safe You Are
- How Supported You Are
- How Accepted You Are
- How Well Things Open Up For You When You Move Forward And Try

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True Freedom Is Spiritual...

Which Realm Are You Connected to? Which Realm Resonates The Most With You?

A) Your Rich Inner Life Of The Kingdom (All Power Resides)B) Your Physical Realm Of Appearance (Your Circumstance)

Empowerment Drill: Stop And Consider...

To be able to experience *THE JOY OF TRUE FREEDOM*, consider the following:

- Are you constantly worrying about things you have no control over?
- Are you always re-living painful or disappointing moments?
- Do you often compare yourself with others and point out your weaknesses?
- Are you repeating the same sabotaging patterns?
- Are you always waiting for the "other shoe to drop"?



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Answering YES to the above questions indicates that:

You worry unnecessarily and you are making poor use of creative energy. Your self-doubt is at a point of setting you up for defeat over and over again.

When there is a misalignment of energy and misdirected focus, you are lacking the ability to create and live the life of your dreams.

"I am responsible for what I see. I choose the feelings I experience, and I decide upon the goal, I would achieve. And everything that seems to happen to me I ask for and receive as I have asked." ~ACIM

Explain What The Above Passage Means To You.

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You Must Take Full Responsibility for Your Freedom, Growth, and Joy!

Activating True Freedom...



What Is The Real Dream In Your Heart? Write With As Many Details As Possible!



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You can use the following three tips daily to activate and experience THE JOY OF TRUE FREEDOM:

- Shift your perspective! Declare each and every day that you are OKAY exactly the way you are. You are enough and you have what it takes to make it!
- Stay connected to the source of your strength!!! Realize that you are divinely supported. All things are working together and fitting into a plan for your good. Yes, for your good!
- Be grateful for all you have every day. Stay in a posture of gratitude. Find at least three (3) things that you can really shout and give thanks for every day. Communicate gratitude to people you encounter. Say something nice to someone. You will be amazed at what comes back to you.

Make a quality decision today that you will lead from a place of clarity and vision. When you lead from "Vision Within", rather than what you see in your Physical Realm of Appearance, you are on your way to experiencing TRUE FREEDOM!

Don't rob yourself of the wonderful joy of living and enjoying a life of TRUE FREEDOM!

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Scripture Reference

Galatians 5:1 King James

Stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage.

Galatians 5:1 Amplified

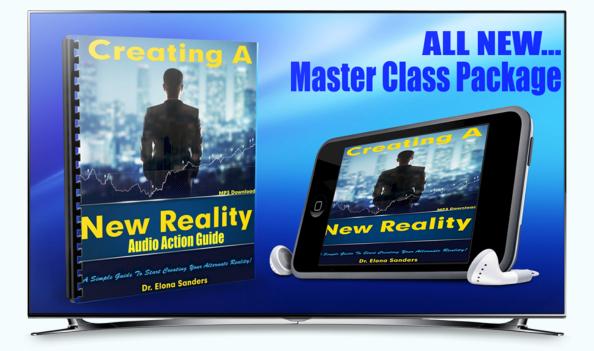
In [this] freedom Christ has made us free [and completely liberated us]; stand fast then, and do not be hampered and held ensnared and submit again to a yoke of slavery [which you have once put off]. (Galatians 5:1) Amplified

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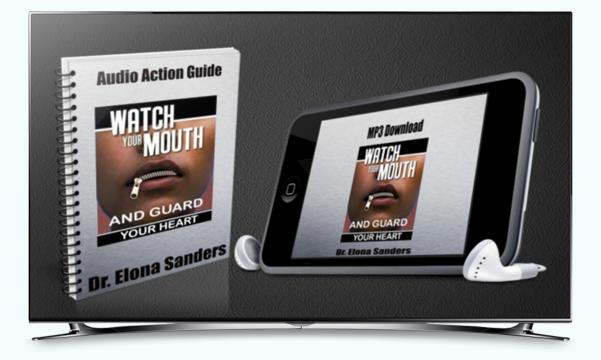
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Every Sunday @ 10 AM (ET)

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Every 1st Monday @ 6 AM (ET)



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