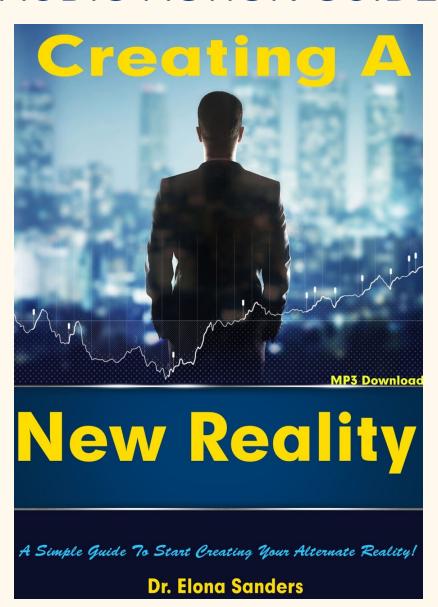


# EMPOWERMENT MASTER CLASS AUDIO ACTION GUIDE





Grace To You And Welcome!

This is the day the Lord has made... Let us make a conscious choice to rejoice and be glad in it.

I want to take this opportunity to congratulate you for making an investment in your life through this resource. Get ready to see miracles manifest as you purposefully and intentionally alter your existing reality!

In this 2-part empowerment message, we will discover what it means to create an alternate reality. Everything you are witnessing in your current realm of appearance was created by you. The good news is that you created that yesterday and today is a brand new opportunity to consciously create something different.

I will walk you through the necessary steps you will need to take to activate your creative mind and jumpstart your ability to manifest miracles! Remember, information without implementation will not yield a fruitful harvest.

To Your Creative Success,



Dr. Elona Sanders

### **Scriptures:**

Ask, and it shall be given you; seek, and you shall find; knock, and it shall be opened unto you.

For everyone that asks receives, and he that seeks finds, and to him, that knocks it shall be opened. (Matthew 7:7-8)

Truly I tell you, whoever says to this mountain, be lifted up and thrown into the sea! And does not doubt at all in his heart but believes that what he says will take place, it will be done for him.

For this reason I am telling you, whatever you ask for in prayer, believe (trust and be confident) that it is granted to you, and you will [get it]. (Mark 11:23-23)

Be not weary in well doing for in due season you will reap the harvest! (Galatians 6:9)

Everything in life has a unique rhythm. Like the waves washing upon the seashore, there is an ebb and there is flow. Whenever you become aware that you are in a holding pattern or when things are not appearing as quickly as you would like, don't panic.

## Ask And It Is Given... Seek and you shall find... Knock and it shall be opened...

When operating in this power principle, the only thing that can stop you from creating a miracle is when you violate a spiritual law. One such law that must be activated in order to produce miracles is the *LAW OF ALLOWING*. This is the missing link between asking and receiving. Most people are experts at asking but have no clue how to receive what they are asking for. **Asking** and **Receiving** are two very different things. But, both are needed in order to live the life you desire.

What I have found over my 40 plus years in ministry is that most people have a huge problem with receiving. They are awesome at giving but terrible at receiving. I've also found that the same people that are not good at receiving also have a difficult time asking for what they really need.

You see the problem that underlies not being able to ask or receive is unworthiness. Deep down you do not really believe you are worthy to receive. Oh yes, on a conscious level you want more, but on a much deeper level there are some old programs running that says, "you are not worthy", "you are not good enough!" It's time purge you file cabinet, (You subconscious mind) of old programs that no longer serve you. Programs that don't support where you are going!

Let's take a closer look...

#### THE LAW OF ALLOWING

When this Spiritual Law is activated, you will live in a state of complete **REST.** This includes:

- (A) Belief
- (B) Self-worth
- (C) Receiving

When you pray, believe that you are heard. Believe that you are worthy; you deserve to live better, do better, and have better. Remember the Scripture in Mark 11:24: (Amplified)

For this reason I am telling you, whatever you ask for in prayer, believe (trust and be confident) that it is granted to you, and you will [get it]

So much of the time when good people are praying, they are not confident that they are heard. When you can believe and not doubt that you are heard, and you are confident that you deserve what you are asking for you will get it.

You will never be able to produce anything beyond your level of self-worth. Your self-worth is based upon how you really see yourself. This is your inward belief about who you are, what you deserve, and how much you can accomplish.

Your subconscious mind holds the TRUTH and it will never allow you to become or obtain anything that is not consistent with your self-worth. **THIS IS LAW!** 

You cannot rest in faith if you don't have a strong sense of self-worth, meaning you deserve to have what you are asking for.

What you are experiencing now is based upon what YOU believe. Your belief in SELF, the perception you have of SELF, and your worthiness to receive created your current condition. Once you understand and accept the role you played in creating your current conditions, you are actually in a good place.

Accepting the fact that you possess the power to create your world is good news. You will breakout of a victim mentality when you can take 100% responsibility for what you have created.

I know, you may have never heard anything like this. However, this is all apart of the dominion mandate we were created with. No one has power over you unless you give it to them. Let's take it one step further... The "Devil" has no authority in your life. Oh yes, he may have power, I'll even dare to say great power, but he has no authority (legal right) to exercise that power in your life. Believe that!

Cheer up! We are going to take the necessary steps today to start the creative process to help you create a **NEW REALITY!** 

That is the good news... If you don't like what you are experiencing in your current **realm of appearance**, you and only you have the power to re-shape your world! You must take the responsibility and not blame anyone or anything for what appears to be lacking in your life. Don't murmur or complain, point the finger, or blame anyone. Let's get started right now creating your **NEW REALITY!** 

## Answer the following questions as thoroughly and completely as you can.

Are you satisfied with the life you are living now?
What do you believe is the number one thing blocking you from living a better life?

Do you believe that you deserve to have more, be more, do more? (Explain)
When you think about what you desire to have, be, or do, what feelings come up? Are they positive, negative, or fearful?

I want you to pick one thing, a small thing that you desi your request known and then let it go	re. Make

Asking and Receiving is a skill that you can develop by being fully awake, and focused, and accepting your true self. Once you tap into your "Rich Inner Life Of The Kingdom Of God", you will come to understand that God is not angry with you. You will know that within you is the power of divine sight, to see an alternate reality.

When you build your self-esteem and your self-worth, you will believe that you can have whatever you say!

#### The LAW OF ALLOWING...

Another way to activate this law is to "Let Go and Let God!" If you can understand that terminology, rest there. The LAW OF ALLOWING is activate when you:

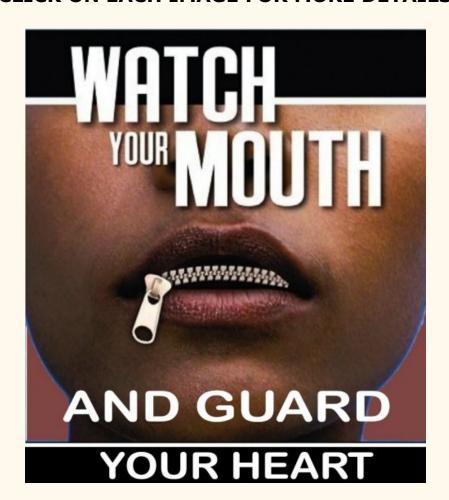
- Ask
- Imagine
- feel the joy of receiving
- Release holding onto the state of asking
- You are not attached to the outcome
- You have faith and you are at REST
- You are holding a joyful feeling/bliss
- You actually forgot you asked for it

This is the sacred space you must create in order to allow all your good to come into your **realm of appearance.** There is no worry here, no doubt here, no anxiety here! You simply take one small thing at a time and apply this "Spiritual Success Tool $^{\text{TM}}$ " of **ALLOWING** and watch your life take on a completely different reality. This is how it is done.

Make a commitment today to become an expert at creating **YOUR** new reality.



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