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# 101 "I AM" DECLARATIONS

**To Empower Your Life!** 

## FRESH START SPIRITUAL SUCCESS ACADEMY™

### 101 "I AM" Declarations to Empower Your Life!

Living an empowered life involves putting several principles into operation. One of the Kingdom principles given to us is to be transformed. The way to accomplish this is to transform your mindset from lack, limitation, doubt, and fear, into a mindset filled with confidence, courage, and faith. Repetition is a simple technique You can use to renew or reprogram your mind on a deeper subconscious level.

Initially, when you begin affirming yourself, you may not believe what you are saying. You may not feel good about what you are saying. Continue to say it!!! What is happening on a deeper level is what you are declaring and envisioning does not match the limited image you have held of yourself for so long.

Remember, all Affirmations, Declarations, and Decrees should be personal, present, and positive. It takes 21-30 consecutive days to create a new behavior. Set aside a specific time in the morning and evening to do your affirmations. For the best results, repeat them several times a day.

When confessing these affirmations, you must also attach emotion to what you are saying. Feel the joy, excitement, and enthusiasm that should accompany your words. Remember confession + emotion (feeling and seeing it) will create transformational results.

The most powerful declarations are the ones you create for yourself. They should begin with, I AM, I CAN, I NOW...., etc. I have listed a few below to get you started.

These 101 Declarations will reinforce your "I AM" consciousness. Reminding you that you are a wonderful and amazing creation!

#### BE TRANSFORMED BY THE RENEWING OF YOUR MIND!!!

### 101 "I AM" DECLARATIONS

1.	I am loved	11.	I am beautiful	21.	I am rich
2.	I am lovable	12.	I am encouraged	22.	I am alive
3.	I am wonderful	13.	I am motivated	23.	I am bright
4.	I am magnificent	14.	I am peaceful	24.	I am wealthy
5.	I am creative	15.	I am a miracle	25.	I am loyal
6.	I am fearless	16.	I am thoughtful	26.	I am ready
7.	I am courageous	17.	I am wise	27.	I am healthy
8.	I am confident	18.	I am Brilliant	28.	I am discerning
9.	I am kind	19.	I am a genius	29.	I am praise
10.	I am generous	20.	I am a thinker	30.	I am a worshipper
31.	I am a wise investor	41.	I am accepted	51.	I am joyful
32.	I am abundant	42.	I am appreciated	52.	I am full of faith
33.	I am intelligent	43.	I am a listener	53.	I am opulent
34.	I am powerful	44.	I am a role model	54.	I am happy
35.	I am anointed	45.	I am bold	55.	I am cheerful
36.	I am equipped	46.	I am a winner	56.	I am enthusiastic
37.	I am appointed	47.	I am timely	57.	I am optimistic
38.	I am approved	48.	I am just	58.	l am successful
39.	I am alert	49.	I am calm	59.	I am blessed
40.	I am engaging	50.	I am balanced	60.	I am healed
61.	I am highly favored	71.	I am spectacular	81.	I am a producer
62.	I am physically fit	72.	I am fabulous	82.	I am a witness
63.	I am inspired	73.	I am energetic	83.	I am prophetic
64.	I am expectant	74.	I am spiritual	84.	I am authentic
65.	I am chosen	75.	I am great	85.	I am trustworthy
66.	I am dynamic	76.	I am thankful	86.	I am decisive
67.	I am pure potential	77.	I am the head only	87.	I am free
68.	I am forward moving	78.	I am Kingdom-minded	88.	I am an heir
69.	I am justified	79.	I am royalty	89.	I am blood washed
70.	I am radiant	80.	I am majestic	90.	I am spirit filled
91.	I am focused	94.	I am friendly	97.	I am empowered
92.	I am sound	95.	I am pleasant	98.	I am progressive
93.	I am stable	96.	I am gracious	99.	I am radical
100.	I am transformed	101.	•		