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Divinely Align With Your True Purpose, Unlock Hidden Potential And  
Soar To New Levels Of Success Power With Passion!!!



**FRESH** *Start*  
**Spiritual Success  
Bootcamp**

ALIGNMENT PT. 2: EXPERIENCE THE SHIFT! |  
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## STEP THREE ALIGNMENT

# Experience The Shift!!!

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**Clearing Out Conflicting Emotions/Energy To Gain Clarity And Achieve Success.**

**Spiritual Success Note:** Setting inner intentions is something that must become a way of life for you. You cannot tap in one time and then think, “*o.k. I have tapped in now let’s get on with it!*” That kind of thinking/behavior will have you right back where you started from, spinning you wheels and being stuck!

I know you may not see it now, but the reason why we have spent so much time helping you to tap into your SASS™ is because everything you do from this point forward has to be from your SASS™ being activated. Please commit this to your heart:

- **It’s all about who I am at my core. The center of who I am— That is what I must bring to the world. I must BE my business, (ministry, life, etc.) and not simply DO my business, etc.**

When you are misaligned, and have mismatched energy, you will not live the happy, peaceful, and joyous life that you are meant to live. Let me ask you a question, Do you believe that God intended for you to enjoy life while you are here advancing the Kingdom? I know we have been living in sorrow, regret, and disappointment for so long it may be hard for you to image a life where these emotions are not in control of you.

O.k. let’s get serious and talk about the lower level emotions/vibrations that seems to haunt you every time you are ready to move forward and fulfill destiny—**doubt and fear!**

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**Spiritual Success Note:** Remember, your **BEING** is all about the people you are meant to serve. It's all about the way you show up (being present) and then offering your present-self, (SASS™) to the world.

The object for us then, is not to get rid of the doubt and fear (it will always come) but it is simply about how to manage them when they appear. In the past we expended a HUGE amount of energy in warfare fighting when we should have learned to manage. With all our fighting, we were still stuck, motionless, and powerless. This is over! Right here, right now. You cannot fool energy, no matter what you say with your mouth, your subconscious mind knows the difference, and that true belief is what will release the energetic vibration. In having inner and outer congruency, we should understand several things.

1. What does it really mean to set forth an intention? Remember I shared that **an intention has to do with the way you feel**. There is a difference between an intention and a goal. For instance:

An intention is not bull-dogged determination but rather an intention is this:

**I set forth the intention that during the month of February, I will live my highest purpose as an entrepreneur. I will vibrate at my highest frequency of faith, joy, and enthusiasm. I will divinely align and vibrate with heaven's frequency and achieve inner and outer balance and congruency.**

A Goal would be this:

**I will create movement in my business by offering a 2 for 1 special, on February 15-23. I would like to see 100 people move through my business during this time. I will achieve this by doing the following: 1. 2. 3.**

## Step Three: Alignment Pt. 2

Now, can you clearly see how intention has to do with inside and how you feel, and goals have to do with outer and what you want to see. So then, let's look at the next point.

2. Pretend you are in a movie theatre and you are watching a movie that you don't like. It is really depressing you. You have two choices you can get up and go to the front of the theatre and begin screaming and crying about how much you hate what you are seeing. By the way, this does not stop what is being projected on the movie screen. Or, you can go to the back to the projection room and have the film changed that is being projected.

**My point is this—the projection room represents your inner and the screen represents your outer. If you don't like what is playing on the screen of your life, (your outer world) you must go into the projection room (you inner world/mind) and begin to change the projection.**

### **SHIFTING YOUR ENERGY AT A CELLULAR LEVEL!**

When you have conflicting emotions or an energy mismatch, you will experience being stuck, unhappy, miserable, confused, doubtful, and fearful. Learning to manage your spirit/energy will begin to bring great relief as well as yield the wonderful results you have been longing for. (How cool is that?)

O.K., so how do you do this?

First, back to a foundational Spiritual Success Principle—You must take 100% responsibility for your spiritual success. Meaning you are not looking outside yourself to blame anyone or anything for what appears to be lacking in your life. Looking outside to blame, criticize, find fault, long for pity, or someone to make it all better without you doing your part only leaves room for repeat performances. (Life will send you the same lesson until you finally get the message.)

### Your Outward World Tells The Story Of Your Inward World

Your physical reality is your mind being expressed. You cannot see your mind nor the things that go on in your mind. The only way to see this is for it to be expressed outwardly. Life is your mind being expressed in physical form. There is no separation between your mind and the world you live in. This is a wonderful gift. This will give you the opportunity to create differently.

### The Building Blocks of your physical world:

1. **Images**—These are the pictures you see on the movie screen of your mind. We have underestimated and misused this most powerful ability given to us by God. Your mind's images are literally the blueprints from which your world is built. Your imagination and your thoughts are used by spiritual law to create your physical reality. **Napoleon Hill said that imagination is the most marvelous, miraculous, inconceivably powerful force the world has ever known.**

When you feed your imagination properly miraculous things will begin to manifest.

2. **Thoughts and Words**—kick in when you see images in your mind. Your thoughts will trigger your emotions and you will begin to vibrate and communicate to the universe what you really think, feel, and believe. You will begin to speak from this place to anyone that will listen.
3. **Actions**—Your actions will be driven by the above. Based on your vibrational frequency, you will see the expression of what you are imagining, thinking and speaking show up in your world.

**The life that you are living is the life you have imagined.**

Let's start the reversal...

**Images + Thoughts + Words + Actions = Your physical world.**

The first **SPIRITUAL SUCCESS TOOL** I want to give you is to initially take **“Teeny-Tiny Steps” (TTS)** by first acknowledging and understanding where you are now. The next thing is to know that is it alright to have thoughts, feelings, and familiar patterns that are starting to show up. Actually that is what you want. You want these things to show up so that you can identify them, acknowledge, and redirect them by learning to refocus.

What happened to you in the past is that when these lower-level emotions/energies would show up, you would allow yourself to be swallowed up in the message they would come to bring. You would freeze, backup, or stop what you were trying to do. Remember your flesh/ego mind will always strive to keep you comfortable but yet stuck!

### **SPIRITUAL TRANSFORMATION TOOL™ (STT)**

Now it is time to start using one of the **Spiritual Success Tools**, to start transforming your energetic vibrations. These Spiritual Success Tools will work wonders. Now, instead of doing what I stated previously, when you encounter lower-level emotions/energy, this is how you will use this powerful tool.

**Start to focus on how you want to feel – not on what you are going to do!!! Remember, how you want to feel.** Your feelings have to do with your inner-self. I know that in the past we said not to trust your feelings because they change at the drop of a hat. That is true, for emotions

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driven from the ego mind. Now you are going to be in control of what kind of emotions you will work with, lower or higher level emotions.

Go ahead, stop and think about it. How do you want to feel in your business, ministry, or life?

If you have been in a state of depression for a long time or a state of being nervous, doubtful and fearful, you will not get to a place of bliss, joy, peace instantly--emotionally, that is not available to you from your present state. This is where you begin to take **TTS (Teeny-Tiny Steps)** until you can reach your desired higher energetic vibration. We are going to start small and continue to increase until you are there.

**Spiritual Success Note:** you cannot jump over this step! This is the primary, or principle key to you being able to manage your energy. Once you practice using the **STT (Spiritual Transformation Tools™)** you will see dramatic results in your life and in your business. Things that you couldn't get done before will begin to get done with ease.

When you begin to use this tool against some of the most well-established inner beliefs, you will get small, breakthroughs, but the breakthroughs will be enough for you to begin to make much needed changes to your lifestyle.





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How do you feel right now?

What is currently playing on the screen of your life?

How do you want to feel?

Where do you want to go?

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When you begin to bring up your desires you may feel conflict inside, please take note of what you are feeling, where you are feeling it. In your head, your chest area, your stomach area. All of these signs have a particular meaning.

Ask yourself what is not ringing true for you, by this I mean, when you think about yourself in your future, or what you want to accomplish, what kind of kick back are you getting.

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Now, if you can't quite believe your full dream, what is the next smallest thing you can believe about it? I.e.: if you can't fully believe you are a multi-millionaire blessing the world with your gifts, then maybe you can believe that you are now earning \$100K per year. If you still feel conflict, nervousness, or kickback.

Then drop it down even smaller. Keep doing this until there is no kickback, no inner feelings of conflict, but a feeling of calm and peace. That is the new inner script to work with to begin transforming your beliefs at a cellular level.